



DURHAM
CATHEDRAL

Matins

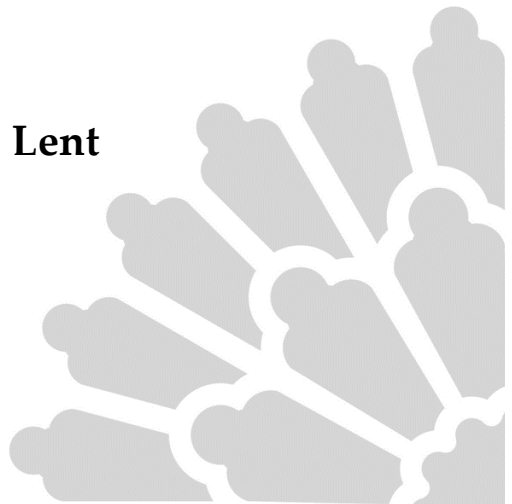
on

The Third Sunday Before Lent

Septuagesima

Sunday 1 February 2026

11.30 a.m.



Welcome to Durham Cathedral

*Inspired by our saints, Cuthbert and Bede,
the mission of Durham Cathedral
is to offer everyone the opportunity
to encounter God and know God's love in Jesus Christ.*

Worshippers at Matins are invited to arrive early and take refreshments in the Galilee Chapel from 11.00 a.m. before taking their seats in the Quire for the service.

*Flowers are an important part of our adorning of the Cathedral Church
for divine service on many occasions during the year.*

*We are very grateful to Hargreaves Services plc
for their support of our provision of flowers at Durham Cathedral
www.hsgplc.co.uk*

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The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the life of the Church. If you are concerned that someone you know is at risk, or is being abused, or presents a risk to others, please seek advice from the Cathedral Safeguarding Officer. If a child or adult is in immediate danger or requires medical attention, call the emergency services without delay. The Cathedral Safeguarding Officer can be contacted on 07951 624103 or via email safeguarding@durhamcathedral.co.uk

Voluntary

Please stand at the entrance of the Choir and ministers

**Hymn Hail, thou Source of every blessing,
 Sovereign Father of mankind!
Gentiles now, thy grace possessing,
 In thy courts admission find.**

**Once far off, but now invited,
 We approach thy sacred throne;
In thy covenant united,
 Reconciled, redeemed, made one.**

**Now revealed to eastern sages,
 See thy Star of mercy shine,
Mystery hid in former ages,
 Mystery great of love divine.**

**Hail, thou universal Saviour!
 Gentiles now their offerings bring,
In thy temple seek thy favour,
 Jesu Christ, our Lord and King.**

Basil Wood

REDHEAD NO. 46, Richard Redhead

Welcome and Introduction

The Reverend Daniel Parkinson

Minister Let us humbly confess our sins to almighty God.

Please kneel

All **Almighty and most merciful Father;
We have erred, and strayed from thy ways like lost sheep.
We have followed too much
the devices and desires of our own hearts.
We have offended against thy holy laws.
We have left undone those things
which we ought to have done;
And we have done those things
which we ought not to have done;
And there is no health in us.
But thou, O Lord, have mercy upon us, miserable offenders.
Spare thou them, O God, which confess their faults.
Restore thou them that are penitent;
According to thy promises declared unto mankind
in Christ Jesu our Lord.
And grant, O most merciful Father, for his sake;
That we may hereafter
live a godly, righteous, and sober life,
To the glory of thy holy Name.
Amen.**

Minister May the almighty and merciful God
grant unto you pardon and remission of all your sins,
time for amendment of life,
and the grace and comfort of the Holy Spirit.

All **Amen.**

All **Our Father,**
 which art in heaven,
 hallowed be thy Name,
 thy kingdom come, thy will be done,
 in earth as it is in heaven.
 Give us this day our daily bread;
 and forgive us our trespasses,
 as we forgive them that trespass against us;
 and lead us not into temptation,
 but deliver us from evil:
 for thine is the kingdom,
 the power and the glory,
 for ever and ever.
 Amen.

Please stand

Preces

Bernard Rose

Cantor O Lord, open thou our lips.
Choir And our mouth shall shew forth thy praise.

O God, make speed to save us.
O Lord, make haste to help us.

Glory be to the Father, and to the Son:
 and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be:
 world without end. Amen.

Praise ye the Lord.
The Lord's name be praised.

Please sit

In thee, O Lord, have I put my trust,
let me never be put to confusion :
but rid me, and deliver me, in thy righteousness;
incline thine ear unto me, and save me.
Be thou my strong hold, whereunto I may always resort :
thou hast promised to help me,
for thou art my house of defence, and my castle.
Deliver me, O my God, out of the hand of the ungodly :
out of the hand of the unrighteous and cruel man.
For thou, O Lord God, art the thing that I long for :
thou art my hope, even from my youth.
Through thee have I been holden up ever since I was born :
thou art he that took me out of my mother's womb;
my praise shall be always of thee.
My mouth shall daily speak
of thy righteousness and salvation :
for I know no end thereof.
I will go forth in the strength of the Lord God :
and will make mention of thy righteousness only.
Thou, O God, hast taught me from my youth up until now :
therefore will I tell of thy wondrous works.

Please stand

Glory be to the Father, and to the Son :
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be :
world without end. Amen.

Please sit

In the second year of King Darius, in the seventh month, on the twenty-first day of the month, the word of the Lord came by the prophet Haggai, saying: Speak now to Zerubbabel son of Shealtiel, governor of Judah, and to Joshua son of Jehozadak, the high priest, and to the remnant of the people, and say, Who is left among you that saw this house in its former glory? How does it look to you now? Is it not in your sight as nothing? Yet now take courage, O Zerubbabel, says the Lord; take courage, O Joshua, son of Jehozadak, the high priest; take courage, all you people of the land, says the Lord; work, for I am with you, says the Lord of hosts, according to the promise that I made you when you came out of Egypt. My spirit abides among you; do not fear. For thus says the Lord of hosts: Once again, in a little while, I will shake the heavens and the earth and the sea and the dry land; and I will shake all the nations, so that the treasure of all nations shall come, and I will fill this house with splendor, says the Lord of hosts. The silver is mine, and the gold is mine, says the Lord of hosts. The latter splendor of this house shall be greater than the former, says the Lord of hosts; and in this place I will give prosperity, says the Lord of hosts.

After a short silence, please stand with the Choir

We praise thee, O God; we acknowledge thee to be the Lord.
All the earth doth worship thee, the Father everlasting.
To thee all angels cry aloud,
the heavens and all the powers therein.
To thee cherubin and seraphin continually do cry,
Holy, Holy, Holy, Lord God of Sabaoth;
Heaven and earth are full of the majesty of thy glory.
The glorious company of the apostles praise thee.
The goodly fellowship of the prophets praise thee.
The noble army of martyrs praise thee.
The holy Church throughout all the world
doth acknowledge thee:
the Father of an infinite majesty;
thine honourable, true and only Son;
also the Holy Ghost the Comforter.
Thou art the King of glory, O Christ.
Thou art the everlasting Son of the Father.
When thou tookest upon thee to deliver man,
thou didst not abhor the Virgin's womb.
When thou hadst overcome the sharpness of death,
thou didst open the kingdom of heaven to all believers.
Thou sittest at the right hand of God, in the glory of the Father.
We believe that thou shalt come to be our judge.
We therefore pray thee, help thy servants,
whom thou hast redeemed with thy precious blood.
Make them to be numbered with thy saints in glory everlasting.
O Lord, save thy people and bless thine heritage.
Govern them and lift them up for ever.
Day by day we magnify thee;
and we worship thy name, ever world without end.
Vouchsafe, O Lord, to keep us this day without sin.
O Lord, have mercy upon us, have mercy upon us.
O Lord, let thy mercy lighten upon us, as our trust is in thee.
O Lord, in thee have I trusted; let me never be confounded.

According to the grace of God given to me, like a skilled master builder I laid a foundation, and someone else is building on it. Each builder must choose with care how to build on it.

For no one can lay any foundation other than the one that has been laid; that foundation is Jesus Christ. Now if anyone builds on the foundation with gold, silver, precious stones, wood, hay, straw— the work of each builder will become visible, for the Day will disclose it, because it will be revealed with fire, and the fire will test what sort of work each has done. If what has been built on the foundation survives, the builder will receive a reward. If the work is burned up, the builder will suffer loss; the builder will be saved, but only as through fire.

Do you not know that you are God's temple and that God's Spirit dwells in you? If anyone destroys God's temple, God will destroy that person. For God's temple is holy, and you are that temple.

After a short silence, please stand with the Choir

Benedictus

Charles Villiers Stanford in A

Blessed be the Lord God of Israel :
 for he hath visited and redeemed his people;
 And hath raised up a mighty salvation for us :
 in the house of his servant David.
 As he spake by the mouth of his holy prophets :
 which have been since the world began;
 That we should be saved from our enemies :
 and from the hands of all that hate us;
 To perform the mercy promised to our forefathers :
 and to remember his holy covenant;
 To perform the oath
 which he sware to our forefather Abraham :
 that he would give us;
 That we being delivered out of the hands of our enemies :
 might serve him without fear;

In holiness and righteousness before him :
all the days of our life.
And thou, Child,
shalt be called the Prophet of the Highest :
for thou shalt go before the face of the Lord
to prepare his ways;
To give knowledge of salvation unto his people :
for the remission of their sins,
Through the tender mercy of our God :
whereby the dayspring from on high hath visited us;
To give light to them that sit in darkness,
and in the shadow of death :
and to guide our feet into the way of peace.
Glory be to the Father, and to the Son :
and to the Holy Ghost;
As it was in the beginning, is now, and ever shall be :
world without end. Amen.

Please face east

The Apostles' Creed

All	I believe in God the Father almighty, maker of heaven and earth: and in Jesus Christ his only Son our Lord, who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried: he descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God the Father almighty; from thence he shall come to judge the quick and the dead.
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**I believe in the Holy Ghost;
the holy catholic Church;
the communion of saints;
the forgiveness of sins;
the resurrection of the body,
and the life everlasting.
Amen.**

The Lesser Litany, Responses and Collects

Bernard Rose

Cantor The Lord be with you.
Choir And with thy spirit.

Please kneel

Cantor Let us pray.

Choir Lord, have mercy upon us.
 Christ, have mercy upon us.
 Lord, have mercy upon us.

Our Father,
which art in heaven,
hallowed be thy Name,
thy kingdom come, thy will be done,
in earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive them that trespass against us;
and lead us not into temptation,
but deliver us from evil.
Amen.

O Lord, shew thy mercy upon us.
And grant us thy salvation.

O Lord, save the King.
And mercifully hear us when we call upon thee.

Endue thy ministers with righteousness.
And make thy chosen people joyful.

O Lord, save thy people.
And bless thine inheritance.

Give peace in our time, O Lord.
Because there is none other that fighteth for us,
but only thou, O God.

O God, make clean our hearts within us.
And take not thy Holy Spirit from us.

The Collect for Septuagesima

O Lord, we beseech thee favourably
to hear the prayers of thy people;
that we, who are justly punished for our offences,
may be mercifully delivered by thy goodness,
for the glory of thy Name; through Jesus Christ our Saviour,
who liveth and reigneth with thee and the Holy Ghost,
ever one God, world without end.
Amen.

The Collect for Peace

O God, who art the author of peace and lover of concord,
in knowledge of whom standeth our eternal life,
whose service is perfect freedom:
Defend us thy humble servants
in all assaults of our enemies;

that we, surely trusting in thy defence,
may not fear the power of any adversaries;
through the might of Jesus Christ our Lord.
Amen.

The Collect for Grace

O Lord, our heavenly Father,
Almighty and everlasting God,
who hast safely brought us to the beginning of this day:
Defend us in the same with thy mighty power;
and grant that this day we fall into no sin,
neither run into any kind of danger;
but that all our doings may be ordered by thy governance,
to do always that is righteous in thy sight;
through Jesus Christ our Lord.
Amen.

Please sit

Anthem

sung by the Choir

Behold, the tabernacle of God is with men, and the Spirit of God dwelleth within you: for the temple of God is holy, which temple ye are: for the love of whom ye do this day celebrate the joys of the temple with a season of festivity. Alleluia.

Sarum Antiphon for the Dedication of a Church

William Harris

Sermon

The Reverend Daniel Parkinson

The sermon is followed by a prayer and the Grace

All

**The grace of our Lord Jesus Christ,
and the love of God,
and the fellowship of the Holy Spirit,
be with us all evermore.
Amen.**

The minister offers words of farewell and announces the final hymn

Hymn **Brightest and best of the sons of the morning,
Dawn on our darkness and lend us thine aid;
Star of the East, the horizon adorning,
Guide where our infant Redeemer is laid.**

**Cold on his cradle the dew-drops are shining,
Low lies his head with the beasts of the stall:
Angels adore him in slumber reclining,
Maker and Monarch and Saviour of all.**

**Say, shall we yield him, in costly devotion,
Odours of Edom and offerings divine?
Gems of the mountain and pearls of the ocean,
Myrrh from the forest or gold from the mine?**

**Vainly we offer each ample oblation,
Vainly with gifts would his favour secure;
Richer by far is the heart's adoration,
Dearer to God are the prayers of the poor.**

**Brightest and best of the sons of the morning,
Dawn on our darkness and lend us thine aid;
Star of the East, the horizon adorning,
Guide where our infant Redeemer is laid.**

Reginald Heber

EPIPHANY, J F Thrupp

The Blessing

Minister The peace of God, which passeth all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord:
And the blessing of God Almighty,
the Father, the Son, and the Holy Ghost,
be amongst you and remain with you always.

Choir Amen.

Voluntary

Choral Evensong with a Procession for the Eve of Candlemas is sung in the Quire at 3.30 p.m.

For all enquiries concerning the provision of pastoral care for members of the cathedral community, please contact The Reverend Daniel Parkinson: daniel.parkinson@durhamcathedral.co.uk.

DCCA recital tonight at 5.15 p.m.:

Un Ciel Éclairé par l'Aurore (*A sky lit by dawn*)

A flute and saxophone recital in aid of Durham Cathedral Choir Association at the Music Studio, Durham School, Quarryheads Lane DH1 4SZ. A talented musician, the performer is a former Durham chorister trained by Daniel Cook, now a pupil in Year 11 at Durham School. Everyone is welcome. Entry is free, with a retiring collection in aid of DCCA.

The Reverend Daniel Parkinson

We are delighted to say that our Succentor, Daniel Parkinson, has passed all the stages of his academic work for the degree of Doctor of Philosophy through Durham University after submitting his thesis on the philosophy of beauty in the writings of St Thomas Aquinas. Dan has been reading for this degree since he joined us in September 2021 – working part-time on his research while assisting the Precentor in liturgy and the Van Mildert Professor of Divinity in the Durham Cathedral Institute. Since he submitted his thesis, he has become the fulltime and permanent Succentor here at the Cathedral. We offer our hearty congratulations to Dan who will graduate in the Cathedral this summer.

Candlemas

Join us on Monday 2 February at 5.30 p.m. for a Festal Eucharist by candlelight in celebration of The Presentation of Christ in the Temple (*Candlemas*). This is a beautiful service which marks the end of the season of Christmas and Epiphany. On the Eve of the Feast this afternoon at 3.30 p.m., Choral Evensong will include a procession to the Fenwick Lawson *Pieta* in the Chapel of the Nine Altars.

Student Tuesday

Students are welcome to attend Evensong any time but we extend a particular welcome to students at Evensong on Tuesdays. The next gathering is Tuesday 3 February and, after the service, we will offer food and drink with a chance to engage with each other and with the cathedral clergy in a variety of locations and occasionally with other activities too. We hope to build up a good community of students who worship regularly with us. Evensong on Tuesday starts at 5.30 p.m. and lasts about 40 minutes. Food will be served at 6.15 p.m. and people will be free to go any time.

George Hetherington, RIP

Former Chorister and long-standing member of the Cathedral's worshipping community, George's funeral service will take place at the Cathedral on Wednesday 4 February at 2.30 p.m.

Community Newsletter

Many of you will have received the January edition of the Cathedral's new community newsletter. It will be issued once a month and will include pastoral words from different members of the cathedral clergy and news about things that might interest the cathedral community—especially about worship, music, talks, and other events that build up our worship and fellowship. It will go to regular worshippers who have joined the community roll as well as other constituencies closely associated with the Cathedral. If you are a regular worshipper here but not on the community roll, you are welcome to join it by sending an email to community@durhamcathedral.co.uk. Alternatively, you can sign up to the newsletter by scanning this QR code:



Evensong sung by Durham Cathedral Choir and the combined choirs of the colleges of Durham University

On Sunday 8 February at 3.30 p.m., the University's college choirs sing Evensong with the Cathedral Choir and the Vice-Chancellor will read the lesson. Everyone is welcome.

Handel's Messiah: Saturday 7 February 2026 at 7.00 p.m.

The great choral work by George Frederick Handel sung the world over for just under 300 years performed in Durham Cathedral by Durham Cathedral Choir and accompanied by the Avison Ensemble conducted by Daniel Cook. The performance lasts approximately 2 hours plus an interval. Tickets are on sale at: www.durhamcathedral.ticketsolve.com

Durham Cathedral Lent Course 2026: *Giving Thanks*

Lent is traditionally a precious opportunity for Christians to go deeper in faith and the life of prayer. This coming Lent at Durham Cathedral we will be running a Lent Course to explore one of the gems of the *Book of Common Prayer*, the prayer of General Thanksgiving, using a book specially written by the Dean, Philip Plyming. Copies of Philip's book are available to buy at the Cathedral Shop, and from other booksellers.

All members of our worshipping community are invited to join one of four groups which will be meeting weekly during Lent to read and discuss *Giving Thanks* (two chapters per week). We hope this will be a great opportunity not simply to learn more about the life of prayer, but also to get to know each other better, and learn from one another. No specialist knowledge is required.

Led by fellow members of the worshipping community, there will be groups on Tuesday mornings (central Durham), Wednesday afternoons (Cathedral), Wednesday evenings (central Durham), and on Zoom.

To find out more, and to indicate which groups you would be able to join, please scan the QR code or email Martha Stewart on eadean@durhamcathedral.co.uk for a link to the form.



ENCOUNTER!

Encountering God through the Creative Arts

A series of discussions for Lent 2026 at Durham Cathedral with leading figures in the world of the creative arts in conversation with Michael Hampel, Vice-Dean and Precentor of Durham Cathedral. Sundays at 4.30 p.m. for approximately half an hour (also live-streamed on the Cathedral's YouTube channel):

Sunday 22 February—Jolyon Mitchell on film

The Reverend Professor Jolyon Mitchell is Principal of St John's College, Durham University, former producer and journalist with BBC World Service, who has served on international film juries at Venice, Cannes and Berlin

Sunday 1 March—Catherine Fox on literature

Catherine Fox is an author, and senior lecturer in Creative Writing at Manchester Metropolitan University

Sunday 8 March—Greg Doran on theatre

Sir Gregory Doran is former Artistic Director of the Royal Shakespeare Company

Sunday 15 March—Peter Taylor on television

Peter Taylor, LVO, is Head of Operations at BBC Studios and oversees the broadcasts of major national events such as Elizabeth II's funeral service and Charles III's Coronation

Sunday 22 March—Mel Howse on art

Mel Howse is an award-winning artist and architectural enameller who created the Illumination Window in the North Quire Aisle at Durham Cathedral

Sunday 29 March—James MacMillan on music

Sir James MacMillan, CBE, is a conductor and composer of sacred choral and orchestral music

Services and other events this week:
(L) = live-streamed (NL) = not live-streamed

Monday 2 February		<i>The Presentation of Christ in the Temple (Candlemas)</i>
	8.30 a.m.	Morning Prayer (Feretary) (L)
	12.30 p.m.	Holy Communion (High Altar) (NL)
	5.30 p.m.	Sung Eucharist (Quire) (L)
	8.45 p.m.	Compline (online only) (L)
Tuesday 3 February		<i>St Anskar</i>
	8.30 a.m.	Morning Prayer (Feretary) (L)
	12.30 p.m.	Holy Communion (Benedict Altar) (NL)
	5.30 p.m.	Evensong: Student Tuesday (Quire) (L)
Wednesday 4 February		
	8.30 a.m.	Morning Prayer (Feretary) (L)
	12.30 p.m.	Holy Communion (Benedict Altar) (NL)
	2.30 p.m.	Funeral Service: George Hetherington
	5.30 p.m.	Evensong (Quire) (L)
Thursday 5 February		
	8.30 a.m.	Morning Prayer (Feretary) (L)
	12.30 p.m.	Holy Communion (Benedict Altar) (NL)
	5.30 p.m.	Evensong (Quire) (L)
Friday 6 February		
	8.30 a.m.	Morning Prayer and Litany (Feretary) (L)
	12.30 p.m.	Holy Communion (Benedict Altar) (NL)
	5.30 p.m.	Evensong (Quire) (L)
Saturday 7 February		
	8.30 a.m.	Morning Prayer (Feretary) (L)
	12.30 p.m.	Holy Communion (Benedict Altar) (NL)
	5.30 p.m.	Evening Prayer (Quire) (NL)
	7.00 p.m.	Handel's Messiah (Nave) (NL)
Sunday 8 February		<i>The Second Sunday Before Lent Sexagesima</i>
	8.00 a.m.	Holy Communion (BCP) (High Altar) (NL)
	10.00 a.m.	Sung Eucharist (CW1) (Nave) (L)
	11.30 a.m.	Matins (Quire) (NL)
	3.30 p.m.	Evensong sung by Durham Cathedral Choir with the combined college choirs of Durham University (Quire) (NL)

Greece 2026 – Pilgrimage in the Steps of St Paul

As part of Durham Cathedral's commitment to growing pilgrimage, we are planning a pilgrimage to Greece from 7-16 October 2026, tracing the second missionary journey of the apostle Paul. This will be led by our Dean, Philip Plyming, who has researched and taught on Paul for over 20 years, and will be for Durham Cathedral and Friends. Bookings are open and spaces are limited to 45 people. A brochure can be obtained by emailing eadean@durhamcathedral.co.uk

Make a gift to Durham Cathedral

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advancing our mission as a place of prayer, pilgrimage and proclamation, conserving heritage, and providing welcome.

- Scan the QR code on the right
- Visit www.stewardship.org.uk/partners/20041776
- Use the tap and give machines near the exits
- Drop cash into the collecting boxes or baskets
- Contact development@durhamcathedral.co.uk

Thank you!



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